

BREAKFAST

6.30AM-11.00AM

GLUTEN FREE AVAILABLE

BREAKFAST TRAYS

EGGS, POACHED OR SCRAMBLED, TOAST	10
SMASHED AVOCADO, PERSIAN FETA, DUKKAH, WHOLEMEAL SOURDOUGH TOAST	14.5
ADD 2 POACHED EGGS	3
CHARRED MUSHROOMS, EGGS POACHED OR SCRAMBLED, MIXED GRAINS, KALE, SOURDOUGH TOAST	16
BAKED HAM OFF THE BONE, EGGS POACHED OR SCRAMBLED, CHERRY TOMATOES, SPINACH LEAVES, SOURDOUGH TOAST	17
MAPLE CURED BACON, EGGS POACHED OR SCRAMBLED, POTATO GEMS, BLISTERED ROMAS, TOMATO WHIP, SOURDOUGH TOAST	17.5
HOUSE SMOKED SALMON, EGGS POACHED OR SCRAMBLED, BEETROOT CRUNCH, KALE, SOURDOUGH TOAST	18

MORE

BERRY SMOOTHIE BOWL, MIXED BERRY, BANANA, COCONUT, FRESH FRUIT, GRANOLA	12
GREEN SMOOTHIE BOWL, SPINACH, AVOCADO, BANANA, CHIA, COCONUT	12
COCONUT CHIA BOWL, DRIED APRICOTS, ALMONDS, CACAO NIBS, ORANGE	12
HANDMADE CRUNCHOLA, DEHYDRATED RASPBERRIES, GREEK YOGHURT, ALMOND MILK	12
BACON & EGG BRIOCHE ROLL	10
GRILLED BANANA BREAD, COCONUT BUTTER, PINEAPPLE CHUTNEY	12
HOTCAKES, BERRY COMPOTE, MASCARPONE WHIP	13

BAKERY BOX

ON DISPLAY

HOT BOX

ON DISPLAY

KIDS

HOTCAKE, SYRUP	7
YOGHURT BOWL, FRUIT, CRUNCHOLA SPRINKLES	7
GRILLED BANANA BREAD, COCONUT BUTTER	8
SCRAMBLED EGGS, TOAST	8

CANTEEN

364 WEST COAST DRIVE, TRIGG WA

OPEN 7 DAYS 08 9447 0077

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FOOD

FROM 11.00AM
GLUTEN FREE AVAILABLE

SALAD TRAYS

SEARED HALOUMI, OVEN ROASTED VEGETABLES, TOASTED MIXED SEEDS, CARAMELISED VINAIGRETTE	16
TERIYAKI CHICKEN, WOMBOK SLAW, SPRING ONION, PICKLED CUCUMBER, SESAME MAYO, SOY DRESSING	17
WARM UDON NOODLE, MUSHROOMS, TEA SOAKED TOFU, MIXED LEAVES, PINE NUTS, CITRUS SOY DRESSING	16
GRILLED CHICKEN, BRAISED CHICKPEAS, FETA, TOMATO, CAPSICUM, CUCUMBER, LEMON, OREGANO DRESSING	17
HOUSE SMOKED SALMON, ANCIENT GRAIN AND BROCCOLI SALAD, NUTS AND SEEDS, AVOCADO	18

SEAFOOD TRAYS

SALMON POKE, PONZU, WASABI MAYO, FURIKAKE SEASONING, NORI, EDAMAME, BROWN RICE	16
TUNA POKE, TERIYAKI GLAZE, PICKLED DAIKON, EDAMAME, BROWN RICE	16
KING FISH POKE, COCONUT, LIME, CHILLI PINEAPPLE, CORIANDER, BROWN RICE	17
TRADITIONAL FISH & CHIPS	13
GRILLED FISH, CHIPS, GREENS	14.5
SQUID RINGS, CHIPS	14.5
GRILLED SALMON STEAK, MIXED GREENS, WASABI MAYO, BROWN RICE	19.5
SEAFOOD BASKET, CHIPS	19.5

MORE

HALOUMI BURGER, GRILLED MUSHROOM, SPINACH, TOMATO RELISH	12
FISH TACO, GUACAMOLE, YOGHURT, CILANTRO LEAVES, LIME	14
CANTEEN BURGER, ANGUS BEEF PATTIE, ICEBURG, CHEESE, FRIED ONION, TOMATO	14.5
CHICKEN KATSU BURGER, CUCUMBER, WOMBOK SLAW, KOREAN BBQ SAUCE	14
TERIYAKI FISH BURGER, SESAME GINGER MAYO, PICKLED DAIKON, LETTUCE, NORI	14

KIDS

FISH & CHIPS	9
SALAD WRAP	7.5
SQUID & CHIPS	8
SAUSAGE ROLL	6

WHAT'S POKE?

PRONOUNCED "POH-KAY" ... IT'S A HAWAIIAN RAW FISH SALAD WITH JAPANESE INSPIRED CONDIMENTS THAT'S HEALTHY & DELICIOUS ... GOOGLE IT!